Activities at Hudson Guild October 2014

Adult Services

Neighborhood Senior Center

Monday

8:30-1:15, 4:45-5:30, Computer Lab

8:30-5:30, Dominoes & Pool

9:30-11:30, MTA MetroCard Van (10/13)

10:00-12:00, Advanced Jewelry w/Marcela (No Class 10/6 & 10/13)

11:00-12:00, Chinese Club w/Wendy

11:00-12:00, Current Events w/Alex

11:00-1:00, Casino Trip Tickets w/Ana

12:00-2:00, Food Stamp Screening & Applications w/Elaine & Margaret (10/6 & 10/20, Schedule appointments at Reception)

1:00-3:00, Beginners' Jewelry w/Marcela (No Class 10/6 & 10/13)

1:10-1:55, Chair Aerobics w/Audrey

1:30-2:45, Computer Basics w/OATS (thru 12/10)

1:30-3:30, Movie & Discussion

2:30-3:30, Millinery w/Ellen Christine

3:00-4:45, Computer Basics en Espanol con/OATS (hasta 12/10)

3:30-5:00, Table Tennis Team Play

4:00-5:30, Massage Therapy w/Ira (4:30-5:30 every 3rd Mom) (Make appts @Reception)

Tuesday

8:30-5:30, Computer Lab

8:30-5:30, Dominoes & Pool

9:00-10:00, Walking w/Ivy @Elliott Center Gym

9:00-11:00, Open Art Studio Gabby & Rachel

10:00-12:00, DeCluttering w/Anna Leah & Janet (see Dorothy for a referral)

11:00-12:00, Just a Thought w/Michelle

11:00-1:00, Beading Club

10:00-2:00, Financial Coaching w/Sue (Schedule appts @Fulton Reception)

10:30-11:30, Ancient Arts Exercise w/William

11:30-1:30, Keep on Track Blood Pressure Screening w/Mary & Cora (10/7 & 10/21)

12:00-1:30, Fresh Produce Bag Sign-Up (\$8) (10/14)

12:15-1:15, Lunch & Learn w/Michelle

1:00-3:00, Mixed Crafts w/Noralba

1:00-4:00, Bridge Workshop w/Stephen

1:30-4:00, Movies & Emotions w/Michelle

2:00-3:30, Poetry w/David

2:00-4:00, Bingo

2:00-5:00, Table Tennis Solo Practice

Wednesday

- 8:30-1:15, 4:45-5:30, Computer Lab
- 8:30-5:30, Dominoes & Pool
- 10:00-11:30, Beginners' Ceramics w/Peter (\$3 Materials Fee)
- 10:30-11:45, Intermediate Spanish w/Oscar
- 11:45-1:00, Basic Spanish w/Oscar
- 12:00-1:30, Fresh Produce Bag Sign-Up (\$8) (10/15)
- 12:00-1:30, Fresh Produce Bag Pick-Ups (10/8 & 10/22 Please Bring Your Receipt)
- 1:30-2:45, Computer Basics w/OATS (thru 12/10)
- 1:30-3:00, ESL w/Sheza
- 1:30-3:00, Movie Game Show for Prizes w/Paul (1:00-1:30 every 3rd Wed)
- 2:00-4:00, Health Insurance Help & Information w/Miriam
- 2:30-4:30, Crocheting w/Kim
- 2:45-3:45, Fulton Ballroom w/Ly
- 3:00-4:45, Computer Basics en Espanol con/OATS (hasta 12/10)
- 3:30-5:00, Table Tennis Team Play
- 3:30-5:30, Memoirs/Creative Writing w/Larry

Thursday

- 8:30-9:45 & 12:00-5:30, Computer Lab
- 8:30-5:30, Dominoes & Pool
- 9:00-12:30, Open Ceramics Studio
- 10:00-11:30, Graphic Art w/Gabby & Rachel
- 10:30-11:20, Zumba Gold w/Tia
- 11:00-1:00, Casino Trip Tickets w/Ana
- 11:30-12:30, Third Act Players w/Dawn
- 1:00-2:30, The Lively Arts w/Jim
- 1:00-4:00, Beginners' Bridge w/Myra
- 1:30-3:00, Advanced Pottery w/Gabby (\$3 Materials Fee)
- 2:00-4:00, Bingo
- 2:00-5:00, Table Tennis Solo Practice
- 2:30-3:30, Yoga w/Margarita

Friday

- 8:30-10:15 & 12:15-5:30, Computer Lab
- 8:30-5:30, Dominoes & Pool
- 9:00-10:00, Walking w/Ivy @Elliott Center Gym
- 10:00-12:00, Collage w/Liz
- 10:30-12:00, Computer Intro w/Mort
- 11:00-12:00, Tai Chi w/Pin Pin
- 12:00-1:00, Qi Gong/Brainercise w/Pin Pin
- 1:30-2:30, Voices of Experience w/Sarah

1:30-3:00, Confronting Life Challenges w/David

1:30-3:00, Painting w/Arbey

1:30-3:30, Movie & Discussion

2:45-3:45, Latin Dancing w/Ly

3:30-5:00, Beginning Sewing/Quilting w/Ada

3:30-5:00, Table Tennis Team Play (Tournament 10/10)

Trips and Special Activities

Thursday, 10/2, 1:00, The Lively Arts w/Jim: Gluck's Orfeo ed Euridice

Thursday, 10/2, 1:30, Senior Advisory Council: Monthly meeting of officers and chairpersons

Tuesday, 10/7, 1:30, Movies & Emotions w/Michelle: "Love in the Time of Cholera"

Wednesday, 10/8, 11:30, Blood Pressure: Beth Israel School of Nursing

Thursday, 10/9, 1:00, The Lively Arts w/Jim: Bartok's Duke Bluebeard's Castle

Friday, 10/10, 3:30, Adult Services Ping Pong Tournament: Prizes: Gift Certificates to Starbucks

Monday, 10/13, All Day, Closed – Columbus Day: Holiday Observance

Tuesday, 10/14, 1:30, Movies & Emotions w/Michelle: "All About Eve"

Wednesday, 10/15, 1:30, September Birthday Party: Cake; Music w/Ron; Gifts for the Month's Birthdays

Thursday, 10/16, 9:00, Eleanor's Outing: Trip: New York Botanical Garden

Thursday, 10/16, 1:00, The Lively Arts w/Jim: Bartok's Duke Bluebeard's Castle

Monday, 10/20, 3:00, 'High Tea' Social: Welcome for Last Month's New/Renewed Members

Tuesday, 10/21, 11:30, Nutrition Talk with Amelia

Tuesday, 10/21, 1:30, Movies & Emotions w/Michelle: "Hook"

Wednesday, 10/22, 8:45, Eleanor's Outing: Trip: Westchester Broadway Theater

Thursday, 10/23, 1:00, The Lively Arts w/Jim: Moore's The Ballad of Baby Doe

Tuesday, 10/28, 1:30, Movies & Emotions w/Michelle: "Edward Scissorhands"

Thursday, 10/30, 8:30, Trip: Resorts Casino, Atlantic City: \$25 Slot Cash, Bag Lunch. Must bring Passport,

Driver's License or State Non-Driver's License

Thursday, 10/30, 1:00, The Lively Arts w/Jim, Moore's The Ballad of Baby Doe

Friday, 10/31, 1:15, Halloween Costume Party: Dancing, cupcakes and prizes for best costumes!

NORC (For Residents of Elliott-Chelsea Houses Age 60+)

Monday

9:00-12:00, Social Services

9:00-12:00, Food Stamp Applications 10/6 & 10/22

9:00-12:00, Mah Jongg & Social Club (in Chinese)

12:00-1:30, Fresh Produce Bag Sign Up 10/13

1:00-2:00, Cultura Hispana (in Spanish)

Tuesday

9:00-12:00, Social Services

9:00-5:00, Nursing

```
11:00-12:00, Arthritis Exercise 1 (Marline)
```

12:00-1:30, Fresh Produce Bag Sign Up 10/14

12:30-1:30, Lunch & Learn (Elizabeth)

1:30-3:00, Cine y Sentimientos (Daniela) (in Spanish)

5:00-7:00, Social Services Evening Hours

Wednesday

9:00-12:00, Social Services

9:00-10:30, Crafts (Heng Yu) (in Chinese)

10:30-12:00, Chinese Club (Margaret) (in Chinese)

12:00-1:30, Fresh Produce Bag Deliveries 10/8 & 10/22

1:00-2:00, Yoga (Nobue)

2:00-3:00, Wellness through movement (Ying) (in Chinese)

3:00-4:30, Visual Art: Capturing a Moment in Time (Rachel)

Thursday

9:00-12:00, Social Services

9:00-5:00, Nursing Services

10:00-11:00, Blood Pressure Screenings (Elizabeth)

11:30-1:00, Stroll Down Memory Lane (Patrice)

1:30-3:00, Jewelry (Janice)

Friday

9:00-12:00, Social Services

10:00-11:00, Tai Chi (Sunny) (in Chinese)

10:30-11:30, Arthritis Exercise II (Marline)

11:30-1:00, Life in the 21st Century (Michelle/Patrice)

1:00-3:00, NORC/Fulton Bingo

Saturday

NORC closed on Sat until further notice

10:30-12:00, Basic English for Chinese Speakers (Bernard) (in Chinese)

Arts

Off the Wall: Contemporary Fresco at Hudson Guild Gallery from October 1 – October 31. Tuesdays through Fridays, 10 am - 7 pm, Saturdays 1 - 4 pm. Open to the public.

Botanical Pictures by Bruce Boyd, on view at Guild Gallery II from October 1- October 31. Viewing Hours are Wednesdays through Fridays 3 pm - 6 pm; Saturday October 25, 1 pm - 4 pm. Open to the public.

Community Building

CSA, Vegetable Market, Tuesdays 4:00-7:00PM, Elliott Center, 441 West 26th Street. Open to members of the CSA and community members interested in knowing more about CSAs and healthy eating.