



HUDSON GUILD OLDER ADULT CENTER

JUNE 2022 NEWSLETTER

The OAC is open Monday thru Friday 9:00am to 4:00pm for activities meals and social services.

Lunch is served daily from 12:30pm to 1:30pm

Our address is:

119 9th Avenue (bet. 17th and 18th Streets)

New York, NY 10011

Our telephone number is:

212-924-6710

**You must complete the health screening before accessing
Fulton Community Center premises.**

The link is- <https://hudsonguild.thehealthscreeener.com/>

******Hudson Guild staffers are on site if you need assistance.**

Temperature checks are required when you first arrive.

Masks are required whenever you are in the building.

If you do not feel well, please stay home.

**Adult Services' activities, & Services are funded through the
NYC Department for the Aging, Hudson Guild, corporate & foundation grants,
and your support.**

**For more information on remote programs or in person,
please email:**

hgadultcenterevents@hudsonguild.org



Social Service Unit Information

**Social Service appointments
are available
Monday-Friday
9:00am to 3:30pm
Please call
212-924-6710 ext. 4018
for an appointment**

**Suggested Lunch donations or contributions are welcome and appreciated.
Suggested amounts for adults over and under 60 are posted in the reception area.**





June 2022 Announcements

Lively Arts Schedule

- 6/2 Kurt Weill's The Threepenny Opera, part 2
- 6/9 No class - Special Free Performance of La Gringa by Repertorio Espagnol in the Wayans Room at 2 PM
- 6/16 No class - Special Free Performance of La Gringa by Repertorio Espagnol in the Hudson Guild Theatre at 1 PM
- 6/23 Spring Storms -- an underrated, delightful operetta by Jaromir Weinberger, part 1
- 6/30 no class

Theater Desk Schedule

New time starting in June

Wednesday's From 11:00 am to 2:00 pm

Friday's From 11:00am to 2:00pm

Thursday, June 9

Lunch will be from Noon to 1pm
(La Gringa performance at 2pm)

Monday, June 20

OAC will be closed for all programming and Lunch.
In observance of Juneteenth





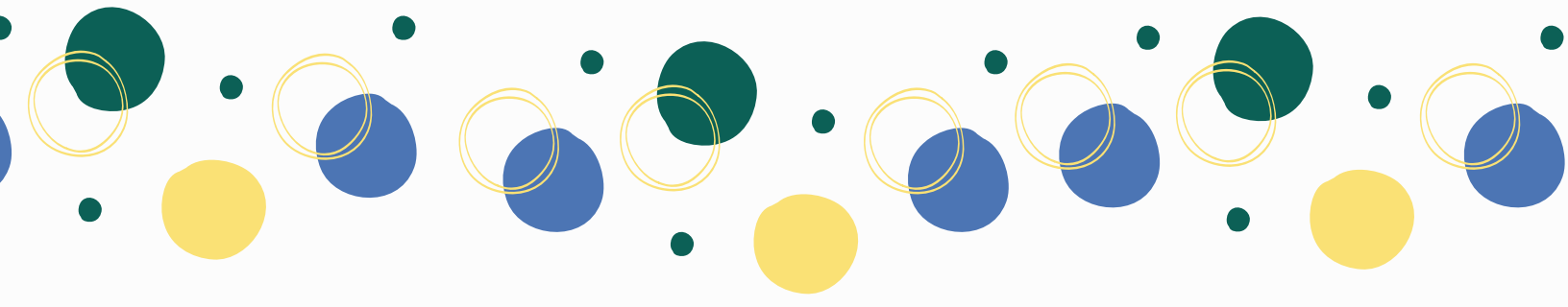
MONDAY

Shakespeare Reading Group

2:00 pm - 3: 15 pm

Room : Art Studio

In Person Activity





TUESDAY

**Balance Movement
Mind & Body with
Wendy
11 am - 12 pm**

[Click here to join](#)

Meeting ID: 781 321 0984
Password: 4GWKXp
Dial In: 646- 558- 8656

**Move Your Body
with Maria
3 pm to 4 pm**


[Click here to join](#)

Meeting ID:
889 5951 3065
Passcode: 379233

**Drawing with Alex
3 pm to 5 pm**

[Click here to join](#)

Meeting ID: 895 6660 7648
Passcode: 1111
Dial In: 646 558 8656





TUESDAY

Loom Weaving
w/Mr. Oke
10 am to 12 pm
Room Meschter 1 A-B
In Person Activity.

Bridge
1 :30pm to 3:30 pm
Activity Room 2
In Person Activity.

Bingo
1:30 pm to 3:30 pm
Room Meschter 1 A-B
In Person Activity.





Wednesday

Afro Brazilian with Maria

12:00 pm - 1:00 pm

[Click here to join](#)

Meeting ID:

840 8238 9611

Password: 656473

Meditation and Yoga w/ Margarita

11:00 am - 12:00 pm

Room: Meschter 1A

In-Person Activity

Crochet with Patricia

Room: Meschter 1 A

1:30 pm - 3:30 pm

In-Person Activity

Fit & Tone with Elizabeth

4:00 pm - 5:00 pm

[Click here to join](#)

Meeting ID: 941 695 0210

Passcode: 2X93Eh





Thursday

Zumba with Tia

11:00 am - 12:00 pm

[Click here to join](#)

Meeting ID: 893 8676 8521

Password Gold

Loom Weaving

w/Mr.Oke

10:00am - 12: 00pm

In Person Activity

Senior Fit with Teresa

1:00 pm - 2: 00pm

[Click here to join](#)

Meeting ID: 878 9504 1840

Password: 539422

The Lively Arts w/

Jim Furlong

1:30 pm - 2:45 pm

Room: Meschter 1 A-B

In Person Activity





Friday

Qi Gong w/Pin Pin Su

10:00 am - 11:00 am

Room: Meschter 1 A

In- Person Activity

Tai Chi w/ Pin Pin Su

11:00 am - 12:00 pm

Room: Meschter 1 A

In- Person Activity

Mixed Media Arts with Rena

10:00 am - Noon

Room: Art Studio

In-Person Activity

Bingo

1:30 pm - 3:30 pm

Wayan's Family Room

In- Person Activity





Friday

Alcohol Ink Painting w/Eva

1:30 pm - 3:30 pm

Room: Meschter 1 A-B

In-Person Activity

Creative Writing w/Larry

1:30 pm - 3:30 pm

Room: Lounge

In-Person Activity



THE LOV June Menu Is Subject To Change

All Meals are served with
whole wheat bread,
Vitamin C and Calcium
enriched products.

1

2

3

****Please be aware fish, nuts
and other possible allergens
are some times used.

6

**Stuffed
Shells
with
Cheese**

7

**Chinese Style
Roast Pork
Loin
White Rice
Whole Wheat
Bread**

8

**Turkey Meatloaf
&
Mashed
Potatoes
Steamed
Broccoli**

9

**Chicken
with
Black Bean
Sauce with
brown rice**

10

**Fish with
Tomatoes and
Herbs
&
Baked
Baked Sweet
Potato**

13

**Cheese
Blintzes
&
Roasted
Mushrooms**

14

**Baked
Turkey
Breast
&
White Rice**

15

**Beef
Salisbury
Steak with
Mushroom**

16

**Chicken
Parmesan
&
Pasta**

17

**Lemon
Pepper
Fish
&
Brown Rice**

20

**Closed in
Observance
of
Juneteenth**

21

**Chicken
Stir Fry
with
Vegetables**

22

**Beef
Meatballs
in
Tomato
Sauce**

23

**Mexican
Style
Chicken
Thighs
and Rice**

24

**Baked
Fish with
Soy Sauce
&
Rice**

27

**Vegetable
Baked
Ziti with
Whole
Wheat Pasta**

28

**Chinese
Style
Pork
Lo Mein**

29

**Chicken
Cacciatore**

30

**Beef and
Turkey
Meatloaf with
Mushroom
Gravy**

**Baked Fish
with
Lemon Garlic
Butter Sauce**

Adult Services' activities, & Services are funded through the
NYC Department for the Aging, Hudson Guild, corporate &
foundation grants, and your support.

*Lunch is served Monday thru Friday
12:30pm - 1:30 PM Last Meal Served 1:15
PM

HousingFest

A **FREE** Food Trucks and Carnival Festival

Housing**Fest** unites people, music, and food to focus on the problems surrounding affordable housing and social inequities.

Friday, June 24th

11:00 am - 3:30 pm

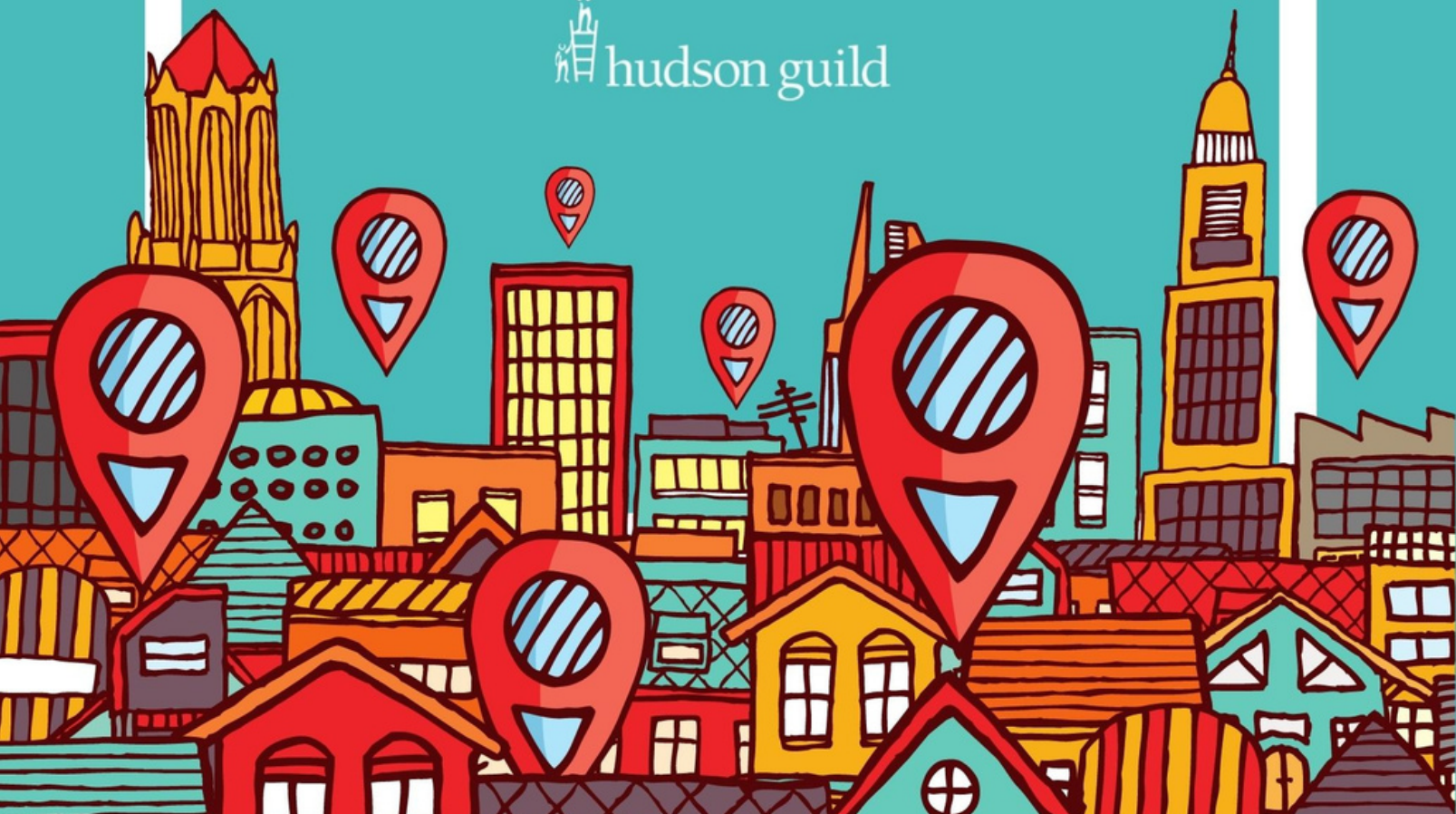
119th 9th Ave, New York, NY 10011

FREE MUSIC - FREE FOOD- FREE GAMES

Attend one or all four of our workshops to earn tickets to **FREE** food and games

1. How do you find and apply for affordable housing?
2. What housing opportunities are available to older adults?
3. What are the eligibility requirements?
4. How does a housing lottery work?

For more info call 212-367-2365



HUDSON GUILD Performing ArtWorks!

REPERTORIO ESPAÑOL

**LA
GRINGA**

Free Performance!

Rendimiento libre!

Jueves, 9 de junio, 2:00 PM

Thursday, June 9, 2022, 2:00 PM

PERFORMED IN SPANISH WITH ENGLISH TRANSLATION

A young woman born in New York City travels to Puerto Rico for the first time to meet her family and to discover her roots. Her misconceptions are transformed and she learns that being Puerto Rican is a matter of heart and spirit.

**HUDSON GUILD FULTON CENTER
Wayans Family Room
119 9th Ave. New York, NY 10011**

**Reservations / 212-760-9837
jfurlong@hudsonguild.org**

"Carmen Rivera's iconic play captures the spirit of the Puerto Rican experience with comic dialogue that arouses constant shouts of laughter and bursts of applause." -- The New York Times

**This special performance is presented with support provided by
New York City's Cultural Immigrant Initiative.
Performing ArtWorks! are supported by a generous grant from Emily Meschter.**

ARTS AT HUDSON GUILD are supported in part by public funds from National Endowment of the Arts, New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature; and public funds from the New York City Department of Cultural Affairs in partnership with the City Council. Additional support provided by the Milton and Sally Avery Foundation, The Beacon Group, Susan and Tony Gilroy, and Jolie Stahl.



hudson guild

NYC Cultural Affairs



Council on the Arts

Pfizer Take Over Hudson Guild

Day: Tuesday, June 14

Adult Services Program

Time: 11:00 am - 12:30 pm & 1:45 pm - 3:00 pm

Volunteers Needed: 30

Blind Folder DIY Pride Flag painting partnered with a senior participant (12 volunteers needed)

Bingo Competition for seniors (5 volunteers needed)

Planting Activity with seniors (12 volunteers needed)

Day: Tuesday, June 14

Adult Services Program

Time: 12:00 pm - 1:30 pm (5 volunteers needed)

Location: 119 9th Ave

Activity: Serving food at the senior center to the senior participants.

Day: Wednesday, June 15

Adult Services Program

Time: 12:00 pm - 1:30 pm (5 volunteers needed)

Location: 119 9th Ave

Activity: Serving food at the senior center to the senior participants.

Day: Thursday, June 16

Adult Services Program

Time: 12:00 pm - 1:30 pm (5 volunteers needed)

Location: 119 9th Ave

Activity: Serving food at the senior center to the senior participants.

Day: Thursday, June 16

Adult Services Program

Time: 1:30 pm - 3:30 pm

Activity: PSA College Contest to highlight Pride partnered with a senior participant and volunteer (12 volunteers needed)