



HUDSON GUILD NEIGHBORHOOD SENIOR CENTER

JUNE NEWSLETTER



NEW THIS MONTH

June Events

Wednesday, June 2- 10:00 am - 11:00 am

Virtual Tour Hudson River Museum

Friday June 11 - 11:00 am - 12:00 pm

Concert with Broadway's Green Girl from Wicked
Join a Broadway star who's conquered one of the toughest
roles in Broadway history.
2 songs & Q & A

Friday June 18 - 3:00 pm

Out of the Box Theatre Co
Virtual production of "The Real Inspector Hound"

In this critically acclaimed comedy, feuding theatre critics Birdboot and Moon are swept into the whodunit they are viewing. In this hilarious spoof of Agatha Christie-like melodramas that follows, the body under the sofa proves to be an unexpected victim. The critics become dangerously implicated in the lethal activities of an escaped madman.

To Register Please Email - ascott@hudsonguild.org

For more information on
remote programs, please email:
ascott@hudsonguild.org

Adult Services' activities, & Services are funded through the
NYC Department for the Aging, Hudson Guild, corporate &
foundation grants, and your support.





Social Services


Date: June 15, 12-1 PM

Title: Writing Your Life

Description: The Asian American Writers' Workshop joins Hudson Guild in June and July to lead two writing workshops that will invite participants to write and share stories from their lives. Instructor Phoenix Luk will guide participants as they write their stories, sharing insight and tips on how to put their memories on the page.

RSVP to Dorothy Johnson-Laird, djohnson-laird@hudsonguild.org or at 973-922-3489

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MONDAY

Open Wellness with Sheree
10am - 11am

[Click here to join](#)

Meeting ID: 885 9838 2326
Password: 884913

Salsa with Marisol
12pm - 1pm

[Click here to join](#)

Meeting ID: 834 1232 8714
Password: 0000

Virtual Indoor Gardening
12pm - 1pm

[Click here to join](#)

Meeting ID: 950 1678 1862
Password: Elliot!

Spanish 101 with Amelia
1pm - 2pm

[Click here to join](#)

Meeting ID: 822 9602 6020
Password: 101 Hudson

Dance Fitness Judy
2pm - 3pm

[Click here to join](#)

Meeting ID: 853 9020 9251

Chair Yoga with Andrea
3pm - 4pm

[Click here to join](#)

Meeting ID: 250 786 7284
Password: MSTDA
Dial-In: 646-558-8656





TUESDAY

**Balance Movement Mind-
Body with Wendy**
11 am - 12 pm

[Click here to join](#)

Meeting ID: 781 321 0984
Password: 4GWKXp
Dial In: 646- 558- 8656

**Virtual Photography
Class**
11 :30 am - 1 pm

[Click here to join](#)

Meeting ID: 91094667028

**Computer workshop
with Eddie**
1pm - 2pm


[Click here to join](#)

Meeting ID: 990 9213 3385
Passcode: hudson

**Move Your Body with
Maria**
3 pm to 4 pm

[Click here to join](#)

Meeting ID: 889 5951 3065
Passcode: 379233





TUESDAY

Drawing with Alex
3 pm to 5 pm

[Click here to join](#)

Meeting ID: 895 6660 7648

Passcode: 1111

Dial In: 646 558 8656





Wednesday

Open wellness with Sheree
9 am - 10 am

[**Click here to join**](#)

Meeting ID: 88598382326
Password: 884913

Chair Meditation with Charles
10 am - 11 am

[**Click here to join**](#)

Meeting ID: 964 589 366
Password: 482379
Dial In: 646 876 99 23

Afro Brazilian with Maria
12 pm - 1 pm

[**Click here to join**](#)

Meeting ID: 840 8238 9611
Password: 656473

Painting with Arbey
2 pm - 4 pm

[**Click here to join**](#)

Meeting ID: 890 1701 4013
Password: 898716

Chair Stretch with Charles
2pm - 3pm

[**Click here to join**](#)

Meeting ID: 973 4067 0905
Password: 0000

Senior Fit with Elizabeth
4pm - 5pm

[**Click here to join**](#)

Meeting ID: 884 3648 1924



Thursday

Zumba with Tia
11 am - 12 pm

[Click here to join](#)

Meeting ID: 425 095 968
Password Gold

**Virtual Photography
Class**

11 :30 am - 1 pm

[Click here to join](#)

Meeting ID: 91094667028

Senior Fit with Teresa
1 pm - 2 pm

[Click here to join](#)

Meeting ID: 878 9504 1840
Password: 539422

The Lively Arts with Jim Furlong
1 pm - 2:30 pm

[Click here to join](#)

Meeting ID: 810 4951 1857
Dial In : 929 436 2866

Comedy Show
2 pm - 3 pm


[Click here to join](#)

:Meeting ID: 996 3879 6526
Passcode: hudson

**Middle Eastern Dance with
Andrea**
3 pm - 4 pm

[Click here to join](#)

Meeting ID: 250 786 7284
Password: MSTDA
Dial-In: 646-558-8656





Thursday

The Lively Arts

**6/3 Leonard Bernstein's Young People's
Concert - The Latin American Spirit**

**6/10 Janacek's The Makropulos Case - the
story of a woman who lived for over 300 years!**

6/17 Janacek's The Makropulos Case, part 2

6/24 no class





Friday

**Mixed Media & Collage with
Rena
10 am - 12 pm**

[Click here to join](#)

Meeting ID: 853 895 4037
Password: 0Y1K

**Computer Workshop with
Eddie
1 pm - 2 pm**

[Click here to join](#)

Meeting ID: 990 9213 3385
Passcode: hudson

**Zumba with Frances
2 pm - 3 pm**

[Click here to join](#)

Meeting ID: 889 5905 8663
Password: 1234
Dial In: 646 558 8656

**Painting with Arbey
2 pm - 4 pm**

[Click here to join](#)

Meeting ID: 890 1701 4013
Password: 898716

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